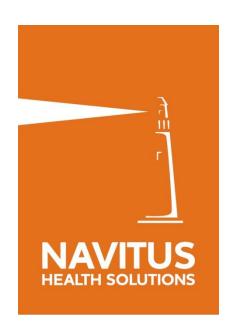
## How to Estimate the Cost of a Prescription

Pam Olson Sr. Client Services Executive Navitus Health Solutions



#### INTRODUCTION



- Estimating prescription drug costs for future fills is impacted by a number of factors, which can make this seem like a difficult task.
- All estimates are just that ESTIMATES based on today's drug costs and contracted rates.
- Prescription drug costs change frequently.
- Insurance contracted rates can also change frequently.

#### EXAMPLE

- Drug A may cost \$100 in October 2014.
- Drug A (same drug) may cost \$150 in January 2016.

#### NECESSARY RESOURCES



- Know your benefit options for 2016
  - Will you be enrolled in an HDHP plan, which requires you to pay the full cost of your drugs until the deductible is met?
  - Will you be enrolled in a non-HDHP plan where the new coinsurance levels will apply right away?
- Reference the current prescription drug formulary to determine coverage level for specific drugs
  - Members can access Navitus' Member Portal Navi-Gate for Members to view the current formulary listing.
  - The formulary will list the coverage Level for each drug.

Drug Name	Special Code	Level	Category
8-MOP CAP	-	2	DERMATOLOGICALS
abacavir tab (ZIAGEN equiv)	ESP	4	ANTIVIRALS
abacavir/ lamivudine/ zidovudine tab (TRIZIVIR equiv)	ESP	4	ANTIVIRALS
ABILIFY DISCMELT (QL=2 tabs/day)	PA-QL	3	ANTIPSYCHOTICS/ANTIMANIC AGENTS
ABILIFY SOLN	PA	3	ANTIPSYCHOTICS/ANTIMANIC AGENTS

Determine the copay or coinsurance percentage using the benefit plan design and the formulary coverage Level.

#### CALCULATE YOUR ESTIMATED COST



- ADD the amount your plan paid to the amount that you paid for the prescription (following slides show how to find this information).
- 2. Multiply the total from **step #1** by the coinsurance percentage found on your benefit schedule to determine **estimated** member copay based on 2016 benefit design and formulary coverage Level. Note the Maximum copay amounts.

#### **EXAMPLE**

- Coinsurance Uniform Benefits Plan for 2016
- Formulary coverage Level = 2 (20% with \$50 maximum copay)



Your

COPAY

#### ESTIMATING DRUG COSTS



There are a few resources for estimating your current prescription drug out-of-pocket expenses.

- ➤ Talk to your **Pharmacist**
- ➤ Review your **Pharmacy Receipts**
- ➤ Check Navitus Member Portal Navi-Gate for members for your **Medication History**
- > What's My Copay on Navi-Gate for members
  - What's My Copay is based on <u>CURRENT</u> benefit plan enrollment. This
    option is NOT an option for estimating future copays with a new benefit plan.
    For 2016 estimates, only those members that currently have the HDHP and
    intend on keeping the HDHP in 2016 can utilize this tool at this time.

#### TALK TO YOUR PHARMACIST





- Ask the Pharmacist to provide the full negotiated cost for your prescription, using your insurance information to process the claim.
- Follow the steps on Slide 4.

#### REVIEW YOUR PHARMACY RECEIPTS



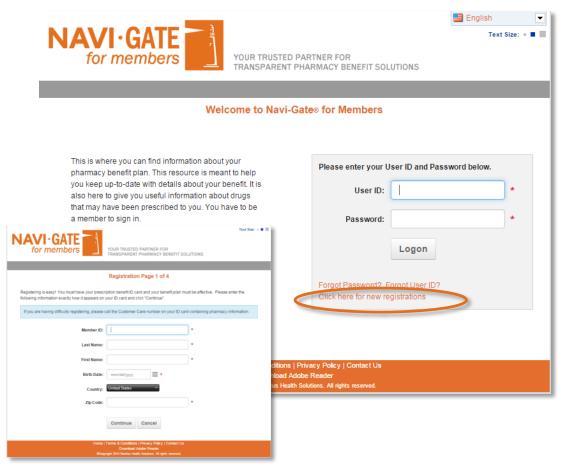




- Some pharmacies provide the Plan's portion, along with your copay amount.
- If you do not understand your pharmacy receipt, ask your Pharmacist to explain it to you.
- Follow the steps on Page 4.

### CHECK NAVITUS MEMBER PORTAL NAVI-GATE for members



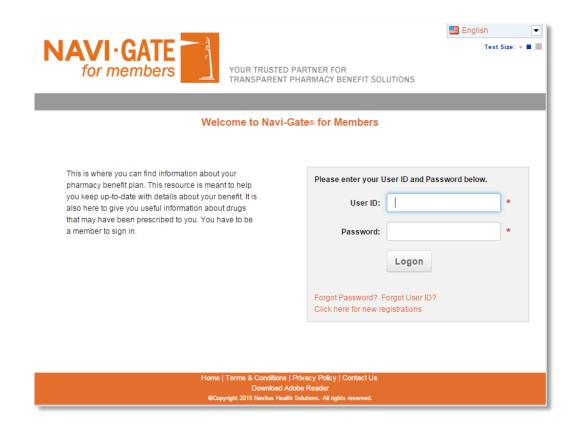


#### To login:

- If you're new to the site, click on "Click here for new registrations."
- 2. Enter your Member ID as found on your ID card.
- 3. Follow the prompts and instructions on the following pages to set up your online account.

## CHECK NAVITUS MEMBER PORTAL NAVI-GATE for members



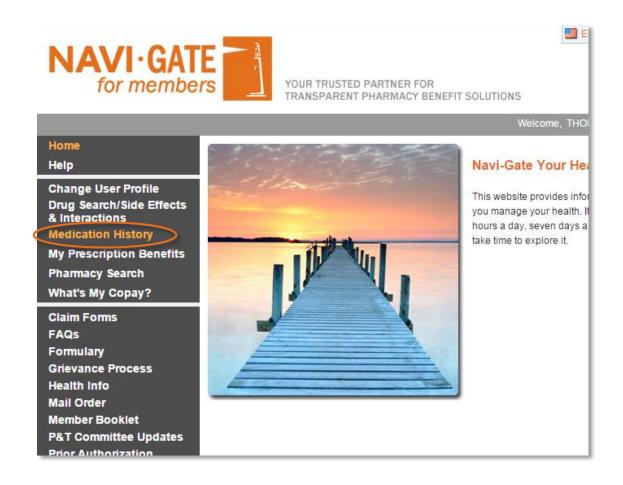


#### To login:

- 1. If you've visited the site before, enter your User ID.
- 2. Add your password.
- 3. If you've forgotten your ID or your password, click on the "Forgot Password? Forgot User ID?" for instructions on retrieval.

# CHECK NAVITUS MEMBER PORTAL NAVI-GATE for members MEDICATION HISTORY

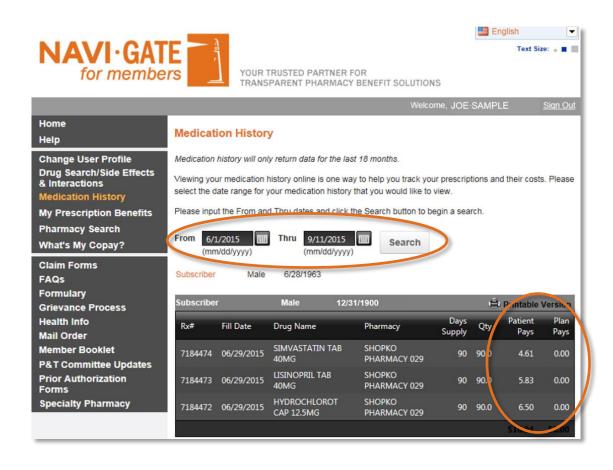




From the menu select "Medication History" to find a list of prescriptions you've filled in the past.

## CHECK NAVITUS MEMBER PORTAL NAVI-GATE for members MEDICATION HISTORY





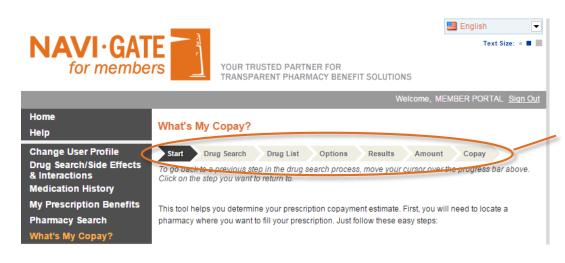
- 1. Choose your date range and click "Search."
- 2. Your list of prescriptions is below.
- 3. Find the amount paid by you and the plan in the table in the columns on the right.

#### WHAT'S MY COPAY



#### Get information about a specific medication:

- Find available quantities and strengths
- Find participating network pharmacies
- See suggested alternatives for drugs not on your formulary
- Identify lower cost alternatives

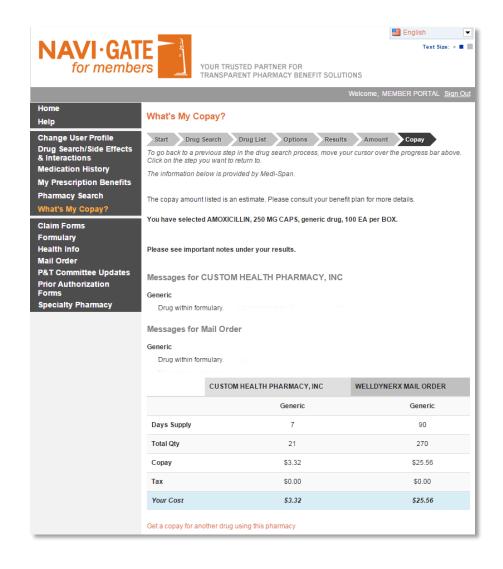


#### **Progress Bar**

Click on any step to move back in the process.

#### WHAT'S MY COPAY - COPAY







### QUESTIONS?



High-Touch Service

**Lowest Net Drug Costs** 

Improved Member Health



This document is to be considered confidential and proprietary.

Navitus Health Solutions, LLC © 2013